

Pearson Edexcel Functional Skills – Entry 3

English

Entry 3 Reading TASK B

Set 2

Controlled Assessment Material

Valid from September 2016 to August 2017

Learner name

Learner signature and date

Instructions

- Use blue or black ink. Do not use pencil.
- Write your answers in the spaces provided.
- For each task answer ALL the questions on both texts.
- Some questions must be answered with a tick in a box.
- If you change your mind about an answer, put a line through the box and mark your new answer with a tick.
- You must use a dictionary.

Information

- There are 10 marks available for each task.

Advice

- Read each question carefully.
- Make sure you know what to do before you write your answers.
If you are not sure, ask.
- Use clear English and present your answers carefully.
- Check your work carefully after finishing each task.

Turn over ►

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PEARSON

Read Text B1 and answer questions 1 to 5.

Text B1

You read this leaflet.

Reduce the amount of sugar you eat



Sugar tastes good, but too much sugar may be harmful to your health.

Tips for cutting down on your sugar intake

- Instead of sugary, fizzy drinks try drinking water. If you like fizzy drinks, dilute fruit juice with sparkling water.
- Limit fruit juice to a small (150 ml) glass a day. Choose either fruit or smoothies.
- Try not to add sugar to hot drinks or breakfast cereal. Gradually reduce the amount until you can cut it out.
- Instead of spreading jam or marmalade on your toast, try a low-fat spread or cream cheese.
- Choose wholegrain breakfast cereals, not ones coated with sugar or honey.
- Instead of a bar of chocolate choose fresh fruit or a yogurt.

Text B1 questions

1 Put a tick ☒ in the correct box.

Which type of breakfast cereal should you choose?

A	wholegrain	<input type="checkbox"/>
B	sugary	<input type="checkbox"/>
C	low-fat	<input type="checkbox"/>
D	honey	<input type="checkbox"/>

(Total for Question 1 = 1 mark)

2 Put a tick ☒ in the correct box.

According to Text B1, for breakfast you could have:

A	a large glass of fruit juice	<input type="checkbox"/>
B	marmalade on your toast	<input type="checkbox"/>
C	sugar on your cereal	<input type="checkbox"/>
D	low-fat spread on your toast	<input type="checkbox"/>

(Total for Question 2 = 1 mark)

3 Write your answer on the lines below.

How much fruit juice should you drink each day?

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(Total for Question 3 = 1 mark)

4 Write your answer on the lines below.

According to Text B1, why do people like sugar?

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(Total for Question 4 = 1 mark)

5 Put a tick ☒ in the correct box.

According to Text B1, if you like fizzy drinks you can:

A	add honey to sparkling water	<input type="checkbox"/>
B	dilute fruit juice with sparkling water	<input type="checkbox"/>
C	add sugar to sparkling water	<input type="checkbox"/>
D	dilute smoothies with sparkling water	<input type="checkbox"/>

(Total for Question 5 = 1 mark)

TEXT B2 BEGINS ON THE NEXT PAGE

Read Text B2 and answer questions 6 to 10.

Text B2

You read this recipe.

Wholesome and Healthy Sugar Free Banana Cake

You will need:

- 4 medium sized bananas, cut into chunks
- 1 large egg
- 200g plain flour
- 2 teaspoons of baking powder
- 1 teaspoon of ground mixed spice
- 1 cup of unsweetened orange juice
- walnuts, almonds, cream – optional



1. Preheat the oven to 180°C or gas mark 4.
2. Place the flour, baking powder and mixed spice into a large bowl and mix.
3. In a separate bowl, whisk the egg.
4. Place the bananas in a blender and blend until soft.
5. Gently stir the bananas and egg into the flour mixture.
6. Pour into a greased loaf tin (23 cm × 13 cm × 7 cm) and bake for approximately 1 hour.
7. When ready the cake will be golden brown on top.
8. Leave to cool for 10 minutes.

Serve on its own or with walnuts, almonds or cream.

Text B2 questions

6 Put a tick ☒ in the correct box.

According to Text B2, to make the cake you need:

A	2 teaspoons of ground mixed spice	<input type="checkbox"/>
B	6 large bananas	<input type="checkbox"/>
C	unsweetened orange juice	<input type="checkbox"/>
D	the oven heated to 140°C	<input type="checkbox"/>

(Total for Question 6 = 1 mark)

7 Put a tick ☒ in the correct box.

Before baking, the cake mixture should be put in a:

A	loaf tin	<input type="checkbox"/>
B	large bowl	<input type="checkbox"/>
C	blender	<input type="checkbox"/>
D	small bowl	<input type="checkbox"/>

(Total for Question 7 = 1 mark)

8 Write your answer on the lines below.

How will you know when the cake is ready?

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(Total for Question 8 = 1 mark)

9 Write your answer on the lines below.

Look up the word **wholesome** in your dictionary and write down what it means.

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(Total for Question 9 = 1 mark)

10 Put a tick ☒ in the correct box.

Which two ingredients are optional?

A	baking powder and bananas	<input type="checkbox"/>
B	almonds and flour	<input type="checkbox"/>
C	orange juice and mixed spice	<input type="checkbox"/>
D	cream and walnuts	<input type="checkbox"/>

(Total for Question 10 = 1 mark)